

# BREAKING UNGODLY SOUL TIES

## WHY IS IT IMPORTANT TO SPEAK THIS PRAYER OUT LOUD?

It's about being impassioned in our repentance. When we say a general prayer like, "Lord, forgive me of my sins," we are so vague that we do not bring ourselves into much accountability. We pay no thought to the consequences these sins have brought upon us or our loved ones or to the repercussions of repeatedly practicing these sins. We are far more likely to repeat the offenses.

## INSTRUCTIONS

1. Write down the names of anyone you have had a sexual encounter with who is not your wife. Include clubs, organizations, or institutions you feel have dominated or controlled you.
2. At the bottom of this document you will find the ***Soul-Tie Breaking Prayer***. Pray this prayer over each name one-by-one for best results. Don't be in a hurry on this one.
3. Speak out loud ***My Purity Declaration***.
4. Destroy this worksheet. You can burn it, tear it up, bury it, etc.

## MY PURITY DECLARATION

Lord Jesus, I renounce all these uses of my body as an instrument of unrighteousness, and I admit to any willful participation. I renounce all the ways Satan has perverted my attitude about my sexuality and towards sex as a result of my past experiences.

I choose to present my physical body to you as an instrument of righteousness, a living and holy sacrifice, set apart for God's special purposes.

In the space below, write the names of everyone you need to break ungodly soul ties with:

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**SOUL-TIE BREAKING PRAYER**

Lord Jesus, I renounce [*name the sexual experience*] with [*name of person*].  
I ask you to break that ungodly bond with [*name of person*] spiritually,  
physically and emotionally.

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