

# FREEDOM M SUMMIT

## FIELD GUIDE

---

## WELCOME TO YOUR FIELD GUIDE

Welcome to the Freedom Summit!

This document is mission-critical to you to receive the full benefit of the Freedom Summit.

You can use it digitally or, if you choose, print it out (double-sided if possible), 3-fold punch it, and put it in a binder. The bottom line is that the Freedom Summit cannot be completed effectively without the use of the companion Field Guide.

Your Field Guide is designed to be used in tandem with the video teachings in each session. Underlined words in the slides indicate a blank to be filled out by you in your Field Guide. This approach has worked most effectively for hundreds of men who have taken the Freedom Summit before you.

Further, the Field Guide contains key prayers & declarations for you to make during specific sessions to respond to the calls to action.

Get ready for an expanded revelation of the love of the Father, a new level of freedom in Christ, and a fresh infilling of the Holy Spirit!

Your Virtual Mentor,

David



## Table of Contents

<b>START HERE – MY ORIENTATION .....</b>	<b>3</b>
<b>SESSION 1 – MY ISSUE.....</b>	<b>5</b>
<b>SESSION 2 – MY REJECTION.....</b>	<b>7</b>
<b>SESSION 3 – MY IDENTITY .....</b>	<b>11</b>
<b>SESSION 4 – MY PREPARATION .....</b>	<b>14</b>
<b>SESSION 5 – MY OFFENSE.....</b>	<b>17</b>
<b>SESSION 6 – MY PURITY .....</b>	<b>19</b>
<b>SESSION 7 – MY WOUND .....</b>	<b>28</b>
<b>SESSION 8 – MY FREEDOM.....</b>	<b>31</b>
<b>SESSION 9 – MY ENCOUNTER .....</b>	<b>41</b>
<b>SESSION 10 – MY DEPLOYMENT .....</b>	<b>43</b>
<b>WHAT’S BEST NEXT? .....</b>	<b>49</b>

## Start Here – My Orientation



START HERE

# MY ORIENTATION

### WHAT TO EXPECT

- Irreversible \_\_\_\_\_
- A new measure of \_\_\_\_\_
- To hear the \_\_\_\_\_ of \_\_\_\_\_
- A \_\_\_\_\_ in the \_\_\_\_\_
- A personal \_\_\_\_\_ with God

### A GOD ENCOUNTER

Jacob → Israel

### WHAT NOT TO EXPECT

- Anything weird, \_\_\_\_\_, or \_\_\_\_\_
- Anything out of \_\_\_\_\_
- No "\_\_\_\_\_ / \_\_\_\_\_ Game"

## SUMMIT FORMAT

- Phase 1: The Boot Camp
- Phase 2: The Warrior Deployed
- Phase 3: The Freedom Challenge

## WHY DO CHRISTIANS NEED A FREEDOM SUMMIT?

---

---

---

## MY MINUTE REFLECTION - What is one thing God is saying to you?

---

---

---

## BIBLE VERSES

- Isaiah 62:2
- John 11:38-44

## Session 1 – My Issue



PHASE 1: THE BOOT CAMP

# MY ISSUE

WHAT COULD “THE ISSUE” BE?

- A bad habit
- An offense
- A \_\_\_\_\_
- A \_\_\_\_\_ experience
- A relationship
- A full-blown \_\_\_\_\_

WHY WOULD ANYONE WANT TO HOLD ONTO SOMETHING LIKE THIS?

---

---

---

### 3 REQUIRED ACTIONS TO BE DELIVERED FROM THE ISSUE

1. Take it to \_\_\_\_\_
2. Take it \_\_\_\_\_
3. Take it \_\_\_\_\_

### QUOTE

"To get what you've never got, you will need to do what you've never done." – David Robertson

### THE KEY ZONES

- \_\_\_\_\_ zone
- \_\_\_\_\_ zone
- \_\_\_\_\_ zone

### YOUR RESPONSIBILITY

- Drop the \_\_\_\_\_
- Take off the \_\_\_\_\_
- Swallow your \_\_\_\_\_
- Engage your \_\_\_\_\_
- Get \_\_\_\_\_ with God

### MY MINUTE REFLECTION – What is one thing God is saying to you?

---



---



---

### BIBLE VERSES

- Jeremiah 29:13
- James 4:8
- Jeremiah 33:3

## Session 2 – My Rejection



PHASE 1: THE BOOT CAMP

# MY REJECTION

### REJECTION'S RESULTS

- Inner \_\_\_\_\_
- Damaged emotions
- \_\_\_\_\_ bruises

### WORKING DEFINITION

Rejection is an act of throwing away or discarding someone or something implying it has little or no value.

**WALL #1 – Rejection of** \_\_\_\_\_

### REJECTION OF GOD

Write a declaration of God's acceptance.

---



---



---



## PRAYER TO DEMOLISH THE WALL OF REJECTING GOD

Father God - I repent of rejecting You - and Your Word. Forgive me, Lord - for not believing - that You love and accept me. - I repent of taking things into my own hands. - I repent of my pride - stubbornness - self-will - and rebellion. - I renounce and cast away all rejection of God - and the spirit behind it. - I refuse to accept its influence - in my life any longer. - I break every word - and all agreements I have made - with the spirit of rejection of God. - I break all connections - and generational influences - that have to do - with the spirit of rejection of God. - And now - because of what Jesus - has done on the cross - and the authority He has given to me - I come against the wall of rejection of God - and break it down - in Jesus' Name. - Amen!

## STEPS TO BREAKING REJECTION'S HOLD

- Repent
- \_\_\_\_\_ Break

## WRITE THE STORY PLAYING IN YOUR HEAD REGARDING REJECTION

---



---



---

## WALL #2 – \_\_\_\_\_ OF REJECTION

“What we starve tends to die, what we feed tends to grow.”

## FEAR OF REJECTION

Write a declaration commanding fear of rejection to leave in Jesus' name.

---



---



---

## PRAYER TO DEMOLISH THE WALL OF THE FEAR OF REJECTION

Father, I repent of all deception and lying, suspicion, mistrust, control and manipulation. I repent of trying to please people instead of seeking to please You. I renounce the spirit behind the fear of rejection. I reject its lies. I break all words or agreements with the fear of rejection. I break all connections and generational influences with the fear of rejection. Fear of rejection, in the name of Jesus, I come against you and break down your wall. I pray this in Jesus' name! Amen!

### WALL #3 – \_\_\_\_\_ – REJECTION

YOU ARE...

- An original
- A masterpiece
- No one else can be you

## SELF-REJECTION

Write a declaration ejecting self-rejection from your life.

---



---



---

## PRAYER TO DEMOLISH THE WALL OF SELF-REJECTION

Father, I repent of rejecting myself. I repent of hating Your creation. I repent of resisting Your plan for my life. I repent of trying to be someone I was never meant to be. I repent of always needing the approval of others. I choose to accept Your love for me and what I am meant to be. Spirit of self-rejection, I renounce you. I break your power. I break your authority. I break every curse and vow that has given you permission to operate in my life. I choose to accept God's Word, God's love and God's ways for my life. Lord, break the stronghold of self-rejection off my life now. I ask this in Jesus' name. Amen!

## WALL #4 – REJECTION OF \_\_\_\_\_

### RESULTS OF REJECTION OF OTHERS

- Racial hatred
- Bigotry
- Prejudice

### THE REJECTION OF OTHERS

Write a declaration of inviting the Holy Spirit to help you accept those you struggle with.

---



---



---

### PRAYER TO DEMOLISH THE WALL OF REJECTING OTHERS

Father, I repent of rejecting others. I repent for having been unforgiving, resentful and bitter toward others. I repent for allowing the hurt that I received to move me to reject others before they could reject me. Spirit of rejection of others, I renounce you. I refuse to accept your influence in my life any longer. I choose to be a person of acceptance, not rejection. I break all words, agreement and connections with you. I break all generational influences that would give strength to the rejection of others. Now, spirit of rejection, your stronghold has been dismantled; you have no protection, I come against you and I reject you. Your defeat was accomplished at the cross of Jesus. I tell you that your rule in my life ends here now! Because of the Spirit of God, who gives me power and authority, I command you to loose me from your hold. I command you to leave me now.

### MY MINUTE REFLECTION – What is one thing that God is saying to you?

---



---



---

### BIBLE VERSES

- Genesis 3:6-9
- Genesis 3:12-13
- Matthew 18:34-35

## Session 3 – My Identity



PHASE 1: THE BOOT CAMP

# MY IDENTITY

"A lie believed as true will affect you as if it were true" - *Craig Groeschel*

### 4 LIES THE ENEMY USES AGAINST MEN

Lie #1 – I have to be \_\_\_\_\_

- The Truth: Your strength is \_\_\_\_\_.
- The Truth: God's strength is \_\_\_\_\_.
- The Truth: I have to be \_\_\_\_\_.

LIE #2 – This is \_\_\_\_\_ the way I \_\_\_\_\_

### WHAT IS THE STORY IN YOUR HEAD?

Write down your thoughts regarding the expectation that you have to have it all together.

---



---



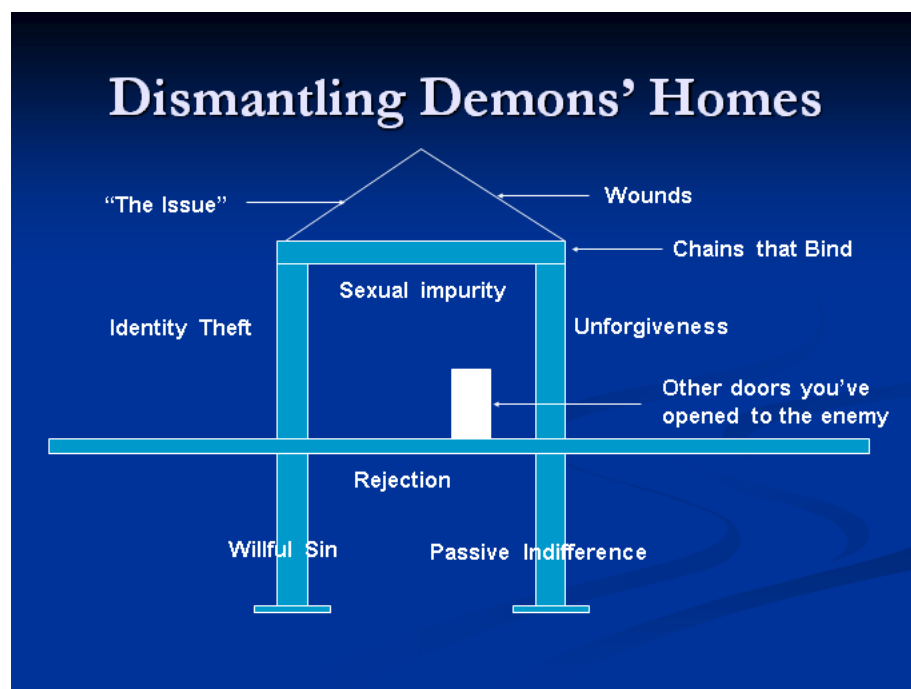
---

## LIST 3 STRONGHOLDS OUT OF THE 10 IN THE VIDEO:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## THE STRATEGY

- \_\_\_\_\_ wrong thoughts
- Release the right \_\_\_\_\_.
- \_\_\_\_\_ and win.



LIE #3 – I'm not \_\_\_\_\_ enough

## GOD SAYS YOU ARE...

1. ...\_\_\_\_\_ by Christ.
2. ...\_\_\_\_\_ through Christ.
3. ...\_\_\_\_\_ in Christ.

LIE #4 – I am \_\_\_\_\_ I \_\_\_\_\_

## MY MINUTE REFLECTION – What is one thing that God is saying to you?

---

---

---

## BIBLE VERSES

- John 8:44
- John 8:32
- Isaiah 40:30-31
- 2 Corinthians 10:5
- 2 Corinthians 12:9-10
- Ephesians 6:10
- 2 Corinthians 10:3-4
- Proverbs 18:2 1
- Psalms 19:14
- Colossians 1:29
- Exodus 4:10-13
- 1 Peter 5:10
- 1 Peter 2:9
- Philippians 4:13
- 2 Peter 1:3
- Ephesians 2:10

## Session 4 – My Preparation



### PHASE 1: THE BOOT CAMP

# MY PREPARATION

## PART 1: PRACTICAL PREP

- Good Preparation = Maximum Impact
- Poor Preparation = Mediocre Results

### 7 BEST PRACTICES FOR PRACTICAL PREPARATION

1. \_\_\_\_\_ your \_\_\_\_\_
2. \_\_\_\_\_ your \_\_\_\_\_
  - Chores
  - Repairs
  - Urgent stuff

"The time is always right to do what's right." - *Martin Luther King, Jr.*

3. \_\_\_\_\_ off the time
  - Take Your time
  - Pace of grace
  - Get fully free
4. \_\_\_\_\_ your \_\_\_\_\_

## YOUR SUMMIT, YOUR WAY

- Daily Devotions
- Weekend(s)
- 2-3 times / week
- A set day each week

## WHAT IS YOUR PLAN TO DO THE SUMMIT?

---



---



---

5. \_\_\_\_\_ your \_\_\_\_\_
6. Minimize \_\_\_\_\_
7. Recruit a \_\_\_\_\_

## MY MINUTE REFLECTION – What is one thing that God is saying to you?

---



---



---

## BIBLE VERSES

- 2 Corinthians 9:6-7
- Ecclesiastes 4:9
- Matthew 18:19



## PART 2: SPIRITUAL PREP

### 7 BEST PRACTICES FOR SPIRITUAL PREPARATION

1. Prepare your \_\_\_\_\_
2. \_\_\_\_\_ your \_\_\_\_\_ daily
3. \_\_\_\_\_ to \_\_\_\_\_ daily
4. \_\_\_\_\_ in some \_\_\_\_\_ daily
5. Fast some \_\_\_\_\_ & \_\_\_\_\_

#### FAST FOR:

- \_\_\_\_\_
- Alignment
- \_\_\_\_\_
- Power

#### WRITE YOUR PLAN TO FAST FOOD DURING THIS SUMMIT.

---



---



---

#### WRITE YOUR PLAN TO FAST MEDIA DURING THIS SUMMIT.

---



---



---

6. \_\_\_\_\_ some prayer cover
7. Expect enemy \_\_\_\_\_

Case Study: Jehoshaphat

#### MY MINUTE REFLECTION – What is one thing that God is saying to you?

---



---



---

#### BIBLE VERSES

- John 8:32
- 2 Chronicles 20:22

## Session 5 – My Offense



PHASE 2: THE WARRIOR DEPLOYED

# MY OFFENSE

### THE PROBLEM

The inability or unwillingness to let “it” go

### THE BIG Q

What is “it” for you?

---

---

---

## 10 THINGS FORGIVENESS IS NOT

- Fact #1 – \_\_\_\_\_ what happened
- Fact #2 – \_\_\_\_\_ more sin
- Fact #3 – \_\_\_\_\_ wrongdoing
- Fact #4 – waiting for an \_\_\_\_\_
- Fact #5 – \_\_\_\_\_
- Fact #6 – ceasing to \_\_\_\_\_ the \_\_\_\_\_
- Fact #7 – a one-time \_\_\_\_\_
- Fact #8 – neglecting \_\_\_\_\_
- Fact #9 – \_\_\_\_\_ them
- Fact #10 – \_\_\_\_\_

## 7 FACTS ABOUT TRUE FORGIVENESS

- Fact #1 – forgiveness is a \_\_\_\_\_
- Fact #2 – forgiveness is an \_\_\_\_\_ of \_\_\_\_\_
- Fact #3 – forgiveness is an act of \_\_\_\_\_ in God
- Fact #4 – forgiveness accepts the \_\_\_\_\_
- Fact #5 – forgiveness is \_\_\_\_\_ for us
- Fact #6 – forgiveness gives up our \_\_\_\_\_ to a better \_\_\_\_\_
- Fact #7 – forgiveness sets us up for a better \_\_\_\_\_

## MY MINUTE REFLECTION – What is one thing that God is saying to you?

---



---



---

## BIBLE VERSES

- Proverbs 18:19
- Matthew 6:14-15
- Luke 17:1
- Romans 12:19

## Session 6 – My Purity



PHASE 2: THE WARRIOR DEPLOYED

# MY PURITY

## PART 1 – THE PORN PANDEMIC

### 6 FACTS ABOUT PORN

- Fact #1 – Porn is big \_\_\_\_\_

HOW COULD \$90 billion / year BE BETTER USED TO SERVE HUMANITY?

---



---



---

- Fact #2 – Porn is a \_\_\_\_\_ business
- Fact #3 – All \_\_\_\_\_ of \_\_\_\_\_ look at internet porn
- Fact #4 – \_\_\_\_\_ porn is the go-to method
- Fact #5 – It is common for \_\_\_\_\_ to see porn
- Fact #6 – Porn is destroying \_\_\_\_\_

## WORKING DEFINITION OF SEXUAL PURITY

You are sexually pure when you receive sexual gratification exclusively from your wife.

**MY MINUTE REFLECTION** – What is one thing that God is saying to you?

---

---

---

## BIBLE VERSES

- 1 Corinthians 6:9-10
- Jude 1:24
- Ephesians 5:3
- Matthew 5:27
- 2 Corinthians 10:5

## PART 2 – OUR BATTLE PLAN

### 6 TRUTHS ABOUT MALES & SEX

- Truth #1 – Attraction to girls is \_\_\_\_\_
- Truth #2 – \_\_\_\_\_ is exhilarating
- Truth #3 – Sex is a \_\_\_\_\_ slope
- Truth #4 – God has a sexual \_\_\_\_\_ for his sons
- Truth #5 – \_\_\_\_\_ are part of healthy relationships
- Truth #6 – The \_\_\_\_\_ provides all the power you need

### 3 TENDENCIES WE AS MEN SHARE

- Tendency #1 – We're \_\_\_\_\_ by nature
- Tendency #2 – We have a strong, regular \_\_\_\_\_
- Tendency #3 – We receive gratification through our eyes

### 4 THINGS SEXUAL IMPURITY ROBS YOU OF

- Loss #1 – The \_\_\_\_\_ of the Holy Spirit
- Loss #2 – Your \_\_\_\_\_ as a leader
- Loss #3 – Your \_\_\_\_\_ and your \_\_\_\_\_
- Loss #4 – Spending \_\_\_\_\_ with God

### WORKING DEFINITION

You receive sexual gratification exclusively from your wife.

### 2 TIMOTHY 2:22 ESV

“So flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call on the Lord from a pure heart.”

### THE “RUN!” STRATEGY

- Run \_\_\_\_\_ temptation triggers
- Run \_\_\_\_\_ freedom strategies
- Run \_\_\_\_\_ trusted partners

### 10-STEP PLAN FOR WINNING THE LUST WAR

- Step #1 – Make purity decisions in \_\_\_\_\_
- Step #2 – Don't go at it \_\_\_\_\_
- Step #3 – Know your \_\_\_\_\_

- Step #4 – Set up \_\_\_\_\_
- Step #5 – Communicate your \_\_\_\_\_
- Step #6 – \_\_\_\_\_ your \_\_\_\_\_
- Step #7 – \_\_\_\_\_ your \_\_\_\_\_
- Step #8 – \_\_\_\_\_ your \_\_\_\_\_
- Step #9 – Become a \_\_\_\_\_
- Step #10 – Walk in the \_\_\_\_\_

## PRAYER TO COMMIT TO SEXUAL PURITY

Lord Jesus, – thank you for the gift of sex – to be enjoyed within a godly marriage – I'm sorry for abusing this gift – outside of marriage and outside of your will – I repent of past sexual failures – I renounce my involvement in sexual immorality – I break the enemy's power over me in this area – with your help – today I set up my defense perimeters – to bounce my eyes – to starve my mind of lustful thoughts – to guard my heart – I want to be sexually pure – from this day forth – I want to receive sexual gratification from nothing but my wife – thank you, Jesus, that in the place of sexual impurity – you are giving me clean hands and a pure heart – you are giving me the ability to make a covenant with my eyes – not to look lustfully at a girl – and to take all improper thoughts captive – I give my heart to Jesus - in Jesus' name – amen!

## MY MINUTE REFLECTION – What is one thing that God is saying to you?

---



---



---

## BIBLE VERSES

- Ephesians 5:3
- Galatians 5:16

## PART 3 – BREAKING UNGODLY SOUL TIES

### THE SOUL CONSISTS OF YOUR...

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

There are \_\_\_\_\_ soul ties and \_\_\_\_\_ soul ties.

### WORKING DEFINITION

A soul tie is a channel through which mental, emotional, and spiritual things flow.

### 3 WORDS THAT HELP DESCRIBE THE RESULTS OF SOUL TIES:

1. TRANSFERENCE
2. \_\_\_\_\_
3. TRANSACTION

### 3 EXAMPLES OF SOUL TIE RELATIONSHIPS

1. A \_\_\_\_\_ couple
2. Two \_\_\_\_\_
3. Immoral connection based on \_\_\_\_\_

### 2 MAJOR TYPES OF STD'S

1. Sexually transmitted diseases
2. \_\_\_\_\_ transmitted diseases



## 7 STEPS TO BREAK UNGODLY SOUL TIES

- Step #1 – Pray the opening \_\_\_\_\_

### OPENING PRAYER

Lord Jesus, - I have allowed sin - to reign in my flesh - I ask you to bring to my mind - every sexual use of my body - past or present - as an instrument of unrighteousness - so that I can renounce these sexual sins - and break all ungodly soul ties – and any sexual bondage - In Jesus' strong name I pray - amen.

- Step #2 – Invite the Holy Spirit to bring \_\_\_\_\_ to \_\_\_\_\_
- Step #3 – \_\_\_\_\_ the names on your worksheet
- Step #4 – \_\_\_\_\_ each \_\_\_\_\_ in the soul ties prayer

### BREAKING UNGODLY SOUL TIES PRAYER

Lord Jesus, I renounce [*name the sexual experience*] with [*name of person*]. I ask you to break that ungodly bond with [*name of person*] spiritually, physically and emotionally.

- Step #5 – \_\_\_\_\_ the soul ties worksheet
- Step #6 – \_\_\_\_\_ your \_\_\_\_\_ symbolically
- Step #7 – \_\_\_\_\_ the 3 optional prayers if needed

## SOUL TIE RENOUNCING PRAYER

Lord Jesus, I renounce all these uses of my body as an instrument of unrighteousness, and I admit to any willful participation. I renounce all the ways Satan has perverted my attitude about my sexuality and towards sex as a result of my past experiences. I choose to present my physical body to you as an instrument of righteousness, a living and holy sacrifice, set apart for God's special purposes. I choose to reserve the sexual use of my body for marriage only. I reject the devil's lie that my body is not clean or that it is dirty or in any way unacceptable to you as a result of my past sexual experiences. Thank you, Jesus, Lord of my body, that you make all things new and are renewing my mind. Thank you, that in Christ, I will receive my sexual gratification only from my wife. This is my prayer in the name of Jesus, amen.

## A PRAYER TO BREAK UNGODLY SOUL TIES WITH EACH INDIVIDUAL PERSON

Lord Jesus, I renounce [name the sexual experience] with [name of person]. I ask you to break that ungodly bond with [name of person] spiritually, physically and emotionally. Amen.

From now on, any time the Holy Spirit brings to your memory the face or name of a person who you had sex with and need to break an ungodly soul tie with, just say, "Lord, I repent of that act with that person and I break that ungodly connection, in Jesus' name."

After you are finished, acknowledge that you have been set apart for God's special purposes (you are holy through Christ) by speaking out loud the closing commitment prayer.

## A PRAYER TO REPENT OF USING PORNOGRAPHY

Lord Jesus, I confess that I have looked at sexually suggestive and pornographic material for the purpose of stimulating myself sexually. I have attempted to satisfy my lustful desires and polluted my body, soul and spirit. Thank You for cleansing me and for Your forgiveness. I renounce any satanic bonds I have allowed in my life through the unrighteous use of my body and mind. Lord, I commit myself to destroy any objects in my possession that I have used for sexual stimulation, and to turn away from all media that are associated with my sexual sin. I commit myself to the renewing of my mind and to thinking pure thoughts. Fill me with your Holy Spirit so that I may not carry out the desires of the flesh. In Jesus' name I pray. Amen.

## A PRAYER FOR MENTAL OR PHYSICAL INVOLVEMENT IN HOMOSEXUALITY

Lord Jesus, I renounce the lie that You have created me or anyone else to be homosexual, and I agree that in Your Word You clearly forbid homosexual behavior. I choose to accept myself as a child of God and I thank You that You created me as a man. I renounce all homosexual thoughts, urges, drives and acts, and I renounce all ways that Satan has used these things to pervert my relationships. I announce that I am free in Christ to relate to the opposite sex and my own sex in the way that You intended. In Jesus' name I pray. Amen.

## A PRAYER OF REPENTANCE FOR FUNDING OR CONSENTING TO AN ABORTION

Lord Jesus, I confess that I was not a proper guardian and keeper of life by endorsing, financing, or consenting to an abortion. I confess that I have sinned. Thank You that because of Your forgiveness, I can forgive myself. I commit the child whose life was lost to You for all eternity and believe that he or she is in Your caring hands. In Jesus' Name I pray. Amen.

## A PRAYER TO COMMIT TO SEXUAL PURITY FROM THIS DAY FORWARD

Lord Jesus, I renounce all these uses of my body as an instrument of unrighteousness, and I admit to any willful participation. I renounce all the ways Satan has perverted my attitude about my sexuality and towards sex as a result of my past experiences. I choose to present my physical body to you as an instrument of righteousness, a living and holy sacrifice, set apart for God's special purposes. I choose to reserve the sexual use of my body for marriage only. I reject the devil's lie that my body is not clean or that it is dirty or in any way unacceptable to you as a result of my past sexual experiences. Thank you, Jesus, Lord of my body, that you make all things new and are renewing my mind. Thank you, that in Christ, I will receive my sexual gratification only from my wife. This is my prayer in the name of Jesus. Amen!

**MY MINUTE REFLECTION** – What is one thing that God is saying to you?

---



---



---

## BIBLE VERSES

- Genesis 2:24
- 1 Samuel 19:1
- Genesis 34:1-3
- 2 Corinthians 6:15-16
- Proverbs 11:22

## Session 7 – My Wound



PHASE 2: THE WARRIOR DEPLOYED

# MY WOUND

### SATAN'S TACTICS

- Committing \_\_\_\_\_
- Believing \_\_\_\_\_
- Receiving \_\_\_\_\_

### 2 TYPES OF WOUNDS

Type #1. \_\_\_\_\_ wounds

"Satan works through unmet needs and unhealed wounds."

- Monica Robertson

### WOUNDED MEN NEED

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## THE STATEMENT

All of us, at some point, to some degree, have been wounded.

## QUESTIONS

- Have you gotten over it?
- What triggers you?
- Who don't you ever want to see again?
- What have you smuggled from your past into your future?

Choose one of the questions above and write your answer below.

---



---

## 2 TYPES OF WOUNDS

Type #2. \_\_\_\_\_ wounds

## THE MANHOOD QUESTION

Do I have what it takes?

Write below your answer to this question.

---



---

## WHERE DOES MASCULINITY COME FROM?

- \_\_\_\_\_ father
- Stepfather
- \_\_\_\_\_ father
- Heavenly Father

## TYPES OF FATHERS

- Performance-Oriented Dad
- \_\_\_\_\_ Dad
- \_\_\_\_\_ Dad
- Absent Dad
- Abusive Dad
- \_\_\_\_\_ Dad

## 7 STEPS TO HEAL THE WOUND

- Step # 1 – \_\_\_\_\_ to God
- Step # 2 – Renounce the \_\_\_\_\_
- Step # 3 – \_\_\_\_\_ the wound
- Step # 4 – Let it go and \_\_\_\_\_
- Step # 5 – \_\_\_\_\_ inner healing by faith
- Step # 6 – Talk it through with a \_\_\_\_\_
- Step # 7 – Move \_\_\_\_\_ with Christ

**MY MINUTE REFLECTION** – What is one thing that God is saying to you?

---

---

---

## BIBLE VERSES

- Isaiah 53:5
- Isaiah 61:1
- Genesis 1:26

## Session 8 – My Freedom



PHASE 2: THE WARRIOR DEPLOYED

# MY FREEDOM

## INTRODUCTION TO FREEDOM

### JESUS CAME TO RESCUE

- Jesus came to heal the broken hearted
- Jesus came to set the captives free
- Jesus came to break the chains that bind

### WORST KIND OF CAPTIVITY

---

### ESTABLISH LINES OF DEFENSE

- Line #1 – \_\_\_\_\_ of God
- Line #2 – \_\_\_\_\_ to God

### BEST / WORST NEWS EVER

God loves me and has given me a free will to choose.



## SOMETIMES WE GET CAUGHT UP IN . . .

- Doubt & \_\_\_\_\_
- \_\_\_\_\_ & procrastination
- Partial or \_\_\_\_\_ obedience

## 2 TYPES OF SIN

- Type #1 – Sins of \_\_\_\_\_ = Willful disobedience
- Type #2 – Sins of \_\_\_\_\_ = Passive indifference

## PRAYER TO OPEN OUR HEARTS TO HOLY SPIRIT CONVICTION –

Heavenly Father, you have told me to put on the Lord Jesus Christ and make no provision for the flesh in regard to its lust. I confess that I have given in to fleshly lusts that wage war against my soul. I thank you that in Christ my sins are already forgiven, but I have broken your holy law and I have allowed sin to wage war in my body. I come to you now to confess and renounce these sins of the flesh so that I might be cleansed and set free from the bondage of sin. Please reveal to my mind all the sins of the flesh I have committed and the ways I have grieved the Holy Spirit. In Jesus' strong name I pray. Amen.

## THE 5 STEPS TO FREEDOM

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## ASSIGNMENT

Fill out your Spiritual Profile.

## MY MINUTE REFLECTION – What is one thing that God is saying to you?

---

---

---

## BIBLE VERSES

- Luke 4:18-19
- Ephesians 6:11
- John 10:10
- Ephesians 6:12
- James 4:7-8
- Ephesians 4:27

## 5 STEPS TO FREEDOM

### Step #1 – Repent

#### WORKING DEFINITION

Repentance is changing the way you think about a sin, and then turning the other way.

#### BIG IDEA

Action always follows belief

#### PRAYER OF SALVATION OR REDEDICATION

Father God, – I repent of my sin - I'm sorry for my willful disobedience – I'm sorry for my passive indifference – I confess that I need the blood of Jesus – to cleanse me of all sin – every sin issue I write on this piece of paper today – I symbolically place on the cross – and by doing so – I'm saying that I put my trust in Christ and Christ alone for my salvation – from this day forward – with your help - I choose to obey you in all things – making you my Lord. Amen.

Sin will take me – farther than I ever intended to go – keep me longer than I ever intended to stay – and cost me more than I ever intended to pay.

#### MY MINUTE REFLECTION – What is one thing that God is saying to you?

---



---



---

#### BIBLE VERSES

- Proverbs 28:13
- Matthew 4:17
- Luke 13:3
- Romans 12:2
- 1 John 1:9
- 1 John 2:1
- Isaiah 59:2

## 5 STEPS TO FREEDOM

### Step #2 – Renounce

#### WORKING DEFINITION

To verbally & practically separate from a sin or sin pattern.

#### SAMSON'S BAD EXAMPLE

How strong men become weak. Samson's essentially said:

- "I want it" = \_\_\_\_\_
- "I deserve it." = \_\_\_\_\_
- "I can handle it." = \_\_\_\_\_

What is the Holy Spirit impressing on you to purge?

---

---

---

MY MINUTE REFLECTION – What is one thing that God is saying to you?

---

---

---

## 5 STEPS TO FREEDOM

### Step #3 – Break

#### WORKING DEFINITION

Command the enemy to let go of our mind.

#### PRAYER TO COMMAND THE ENEMY TO LET GO OF OUR MIND

Heavenly Father, I thank you that I have been bought and paid for by the blood of Jesus Christ. Because I have been bought and paid for, I am now a relative of God and His Son Jesus. As a son, I live in Jesus and He lives in me, and because He lives in me, I have the right to overcome because He overcame.

Now as an overcomer, I break every evil word, curse, and spell that has ever been spoken upon me. I take those words and nail them to the cross and appropriate the power of the cross in breaking every word spoken against me. I thank You that because of the exchange that took place at the cross, I can receive Your mercy.

Now I take back any ground that I have ever given to any demonic spirit, whether I did it knowingly or unknowingly. I renounce all contact with anything occultic or satanic. No evil spirits have any right to me. I cancel their lease on my life and serve them their eviction notice. I declare them defeated in every area of my life.

Father, I ask You in the Name of Jesus, to forgive me of any willful sin I have continued to walk in day after day. I speak forgiveness to all who have hurt me and release them to find peace with You. I repent for speaking any vows in my own strength. Forgive me, Lord, for judging anyone and help me to be convicted when I am tempted to do it again. I break any generational sins that have been plotted against me. I take that generational oppression and nail it to the cross and appropriate the power of the cross in breaking every curse. Your word says that Jesus was made a curse for me. As a matter of fact, I place Jesus' cross between me and any curse or oppression that tries to come upon me. When any curses or oppression try to come upon me, they have to come through the blood of the cross and will be transformed into blessings. With an act of my will, I choose to receive every blessing that you, Heavenly Father, have for me.

Forgive me for responding in a negative way to any and all physical, spiritual, sexual, & emotional trauma. Help me to receive Your total healing for all of my wounds.

Lord Jesus, please forgive me for any and all sin that I have committed that opened the door to the spirits of Infirmary, Timidity, Divination, Whoredom & Idolatry, Bondage, Pride, Perversion, Antichrist, Deaf & Dumb, Lying, Jealousy, Error, Slumber, or Heaviness. I also confess any sin that may have opened my life up to a curse of death. I speak to every power of hell that has ever come against me legally or illegally and I renounce you in the name of Jesus! I say that you will have no place in me. You are

defeated and cast down. I pull down every stronghold by the authority of Christ, through His resurrection power and by the power of the cross.  
Jesus, I break every power of hell over my life NOW! I command every root spirit to GO! LEAVE! In the mighty name of Jesus!

## ASSIGNMENT

Destroy your Spiritual Profile. You can:

- Tear it up
- Burn it
- Bury it

**MY MINUTE REFLECTION** – What is one thing that God is saying to you?

---

---

---

## BIBLE VERSE

- Matthew 5:37

## 5 STEPS TO FREEDOM

### Step #4 – Bless

#### WORKING DEFINITION

Verbally confessing God's will and word to close the open doors.

#### BIG IDEA

I am what I AM says I am.

- I am what the Word of God says I am
- I can do what the Word of God says I can do
- I can have what the Word of God says I can have

#### PRAYER OF BLESSING TO COUNTERACT THE 14 ROOT SPIRITS

Jesus, I receive every one of your blessings in place of the damage that hell has placed on my life. I receive Your forgiveness. I receive Your help to set a guard over my mouth and to take every thought captive to be obedient to You. I choose to obey your commandment not to judge others. I accept your cleansing over me against the sins of my past generations. I receive Your restoration of wholeness, strength, and peace. Jesus, I receive healing, boldness, powerful submission, a strong commitment to Truth, freedom, integrity, righteousness, a loosed tongue, stronger vision, ears that hear Your voice, a sound mind, Your unconditional acceptance, maturity, wisdom, the fear of God, alertness & determination, the garments of praise, and LIFE in Your Name!

I embrace You, Father, and You, Jesus, and You, Holy Spirit as the One True and Living God. I pledge to serve You with my whole heart as You give me greater ability every day.

I receive a revelation of Your love and the power to walk in a relationship with You every day. I commit to get to know You better by spending time with you and Your Word, the Bible. Teach me how to worship You, Jesus.

I pray these things powerfully in Your Name! AMEN!

**MY MINUTE REFLECTION** – What is one thing that God is saying to you?

---

---

---

**BIBLE VERSES**

- Psalm 107:2



## 5 STEPS TO FREEDOM

### Step #5 – Obey

#### WORKING DEFINITION

Exercising our free will to obey the Word of God.

#### THE 5 STEPS TO FREEDOM

1. Repent
2. Renounce
3. Break
4. Bless
5. Obey

#### MY MINUTE REFLECTION – What is one thing that God is saying to you?

---

---

---

#### BIBLE VERSES

- 1 Samuel 15:22-24
- Deuteronomy 28:1
- Isaiah 1:19
- John 14:21

## Session 9 – My Encounter



PHASE 2: THE WARRIOR DEPLOYED

# MY ENCOUNTER

### BIG IDEAS

The baptism in the Holy Spirit is distinct from salvation.

- The Holy Spirit baptizes us into Jesus (salvation / regeneration)
- Jesus baptizes us in the Holy Spirit (power for witnessing / ministry)

### 3 PURPOSES OF THE HOLY SPIRIT

- PURPOSE #1 – \_\_\_\_\_
- PURPOSE #2 – \_\_\_\_\_
- PURPOSE #3 – \_\_\_\_\_

### HOW TO RECEIVE THE BAPTISM IN THE HOLY SPIRIT

1. Relax
2. Breathe
3. Invite
4. Trust
5. Receive
6. Speak
7. Grow

## ASSIGNMENTS

1. Pray to receive your prayer language and begin praying in the Spirit (tongues)
2. If you already have it, ask for a deeper anointing today

## MY MINUTE REFLECTION – What is one thing that God is saying to you?

---

---

---

## BIBLE VERSES

- 1 Thessalonians 4:3
- Acts 1:8
- Galatians 5:22-23
- 1 Corinthians 12
- John 20:22
- Luke 24:49
- Acts 2:2-4
- Matthew 3:11
- Galatians 3:26-27
- Acts 2, 10, 19
- Matthew 12:34
- Acts 2:4
- Acts 19:2

## Session 10 – My Deployment



PHASE 2: THE WARRIOR DEPLOYED

# MY DEPLOYMENT

### 4 TYPES OF WARRIORS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

### BIG IDEA

God is looking for a few good men.

### THE WARRIOR'S CAUSE

A warrior without a cause to fight \_\_\_\_\_ will find the wrong thing to fight \_\_\_\_\_.

## WHAT ARE SOME CAUSES WORTH DYING FOR?

---



---



---

## WHAT ARE SOME CAUSES WORTH LIVING FOR?

---



---



---

## 2 WAYS A WARRIOR FIGHTS

1. Sometimes you throw a \_\_\_\_\_.
2. Sometimes you turn a \_\_\_\_\_.

## THE HESITANT WARRIOR

Case Study: Moses

When the warrior's fear of failure exceeds his faith in God—he becomes \_\_\_\_\_.

## WHAT DO YOU HAVE IN YOUR HAND?

---



---



---

## THE WOUNDED WARRIOR

- A warrior's greatest fear is \_\_\_\_\_.
- A warrior's greatest pain is \_\_\_\_\_.
- The warrior who is starved for his father's \_\_\_\_\_ is sentenced to a prison of \_\_\_\_\_.
- The warrior must \_\_\_\_\_ his \_\_\_\_\_ through Christ.
- The warrior must \_\_\_\_\_ his father through Christ.

CASE STUDY: King David

## THE DISTRACTED WARRIOR

Abandons his heavenly \_\_\_\_\_ in pursuit of an earthly \_\_\_\_\_.

## CASE STUDY: Samson

### BIG IDEA

Distractions can make strong warriors weak, while focus can make weak warriors strong.

### THE PASSIONATE WARRIOR

- The warrior who abandons his \_\_\_\_\_ becomes \_\_\_\_\_.
- The warrior who abandons his cause becomes \_\_\_\_\_.
- The warrior \_\_\_\_\_ his cause becomes consumed with \_\_\_\_\_.

## CASE STUDY: Apostle Paul

A Passion Warrior has...

Someone to \_\_\_\_\_.

A \_\_\_\_\_ to \_\_\_\_\_.

### MY MINUTE REFLECTION – What is one thing that God is saying to you?

---



---



---

### BIBLE VERSES

- Exodus 15:3
- Matthew 10:34
- Acts 8:3
- Ezekiel 22:30
- Nehemiah 4:14
- Exodus 4:2
- Malachi 4:6
- Colossians 3:13
- Romans 15:7
- 2 Timothy 2:4
- Judges 16:1
- Genesis 3:6b
- Psalms 78:9
- 1 Samuel 19:15
- 2 Timothy 4:7 NIV

## **PART 2: Rite of Passage Ceremony**

### **DO YOU AGREE TO THE 4 MANHOOD PRINCIPLES?**

1. Do you agree to reject passivity?
2. Do you agree to accept responsibility?
3. Do you agree to lead courageously?
4. Do you agree to expect a greater reward beyond your life on earth?

### **LET'S REVIEW**

Summit session walk through

### **THE MANHOOD PLEDGE**

Declare this pledge to the Lord on the next page to seal your deployment as a warrior for Christ, battle ready, armed and dangerous.

# THE MANHOOD PLEDGE

I choose God - As for me and my house, we will serve the Lord. I thank you, Lord, that you have redeemed me by your blood sacrifice on the cross - I rejoice that my name is written in the Lamb's Book of Life.

I will feed on your holy Word every day by reading my One-Year Bible - I will offer you the first and best part of my day. I will worship you in spirit and in truth - I will surround myself with friends who love God - I will be faithful to my church and activate and not be a spectator - I will regard spiritual disciplines as a joy and not a duty.

I am not ashamed of the gospel and will freely share it as you open doors for me to respectfully share my faith with others.

I resist the pull of the world and choose to live as a citizen of the kingdom of God - I choose life, abundance, grace, and truth!

I put on the full armor of God: The helmet of salvation - breastplate of righteousness - belt of truth - my feet are shod with the gospel of peace - I take up the shield of faith and I wield the sword of the Spirit, which is the Word of God.

I choose to reject passivity, accept responsibility, lead courageously, and expect a greater reward than instant gratification offers.

I am a warrior. I have been deployed. I am battle ready. I have made a resolution to follow God, lead my family, and live a sexually pure life.





## ON DECK

My Freedom Challenge

### AN OPPORTUNITY TO...

- Retrain your brain
- Renew your mind
- Revisit your schedule
- Reshuffle your priorities
- Reboot your disciplines

**MY MINUTE REFLECTION** – What is one thing that God is saying to you?

---

---

---

## What's Best Next?

### CONGRATULATIONS!

You did it! You completed the Freedom Summit!

It is my hope and prayer that these sessions and materials have helped you encounter God in a more personal and intimate way. The fruit that I hope to see for the glory of God in your life includes:



- Identified and resolved hidden issues
- Broke through the walls of rejection
- Secure in your identity in Christ
- Forgiven those who have offended you
- Cut any ungodly soul ties from your sexual past
- Received healing from any wounds
- Applied the 5 steps to freedom to break any and every stronghold
- Encounter the Holy Spirit in a fresh baptism of power
- And been deployed into biblical manhood

May this all add to irreversible change in your life! So, what's best next? Explore the My Journey Discipleship Experience if you have not done so already. It is a map to your best spiritual growth year ever. Also, explore The Challenge Series, our free eBooks, and our other online courses to help you go further faster in your faith in Jesus Christ!

Let's grow somewhere on purpose together!

See you in the next Challenge!

Your Virtual Mentor,

David